

"Whenever you're at a loss for what to do,
... remember all the great things
you've already achieved in your life!"

CORONAVIRUS

FACING CHALLENGING TIMES TOGETHER



INFORMATION ON PSYCHOTHERAPY

All psychotherapeutic treatments can be continued via telephone or online on the same terms and conditions as before. Patients won't be abandoned, but will have the opportunity to stay in touch with their psychotherapist via telephone or online psychotherapy.

CHARGES

A number of Austrian health insurance funds have offered to cover the costs of psychotherapy sessions, just as if the session had taken place face-to-face in a private practice. This concession is applicable during the coronavirus crisis only.

HEALTH INSURANCE FUNDS

The following health insurance funds have agreed to continue their settlement modalities for psychotherapy fees:

- ÖGK** (Österreichische Gesundheitskasse),
- BVAEB** (Versicherungsanstalt Öffentlich Bediensteter, Eisenbahnen und Bergbau),
- SVS** (Sozialversicherungsanstalt der Selbständigen),
- KFA** (Krankenfürsorgeanstalt der Bediensteten der Stadt Wien),
- KFG** (Kranken- und Unfallfürsorge für öö. Gemeinden)

INFORMATION

Get in touch with your psychotherapist and find out more about the procedure!

HOW TO FIND A PSYCHOTHERAPIST

The ÖBVP's (Austrian Association for Psychotherapy) psychotherapist directory can be searched by regions, clinical specialisations and also by language skills:
<https://www.psychotherapie.at/psychotherapeutinnen-suche>



PSYCHOTHERAPY HOTLINES OF ÖBVP

FOR QUESTIONS OR MENTAL HEALTH CONCERNS

you can contact the following helplines – the list is being updated on a regular basis by the Austrian Association for Psychotherapy (ÖBVP) at www.psychotherapie.at/coronavirus-hotlines

BURGENLAND TEL. 02682 24690	COUNSELLING HOTLINE OF BLP, IPR & ÖGK MONDAY – SATURDAY 10:00 – 12:00
CARINTHIA TEL. 0664 730 101 47	CRISIS HOTLINE OF KLP DAILY 08:00 – 20:00
LOWER AUSTRIA TEL. 0800 20 20 16	NÖ CRISIS HELPLINE 24 HOURS A DAY
SALZBURG TEL. 0662 433351	CRISIS HOTLINE 24 HOURS A DAY
STYRIA TEL. 0800 500 154	CRISIS HELPLINE DAILY 09:00 – 21:00
TYROL TEL. 0800 400 120	CORONA WORRIES HOTLINE TYROL DAILY 08:00 – 20:00
UPPER AUSTRIA TEL. 0732 2177	CRISIS HELPLINE UPPER AUSTRIA 24 HOURS A DAY
VORARLBERG TEL. 05572 21463	CRISIS HELPLINE OF VLP DAILY 08:00 – 20:00
VIENNA TEL. 0720 12 00 12	PSYCHOTHERAPY HOTLINE OF WLP DAILY 08:00 – 22:00
CHILDREN-PARENTS TEL. 0512 56 17 34	CHILDREN-PARENTS-HOTLINE MONDAY – FRIDAY 14:00 – 16:00